STAYING SAFE ONLINE

Montpelier Senior Activity Center

5 Jan to Mar 16 2026 from 2pm to 3pm (except 16 Feb)

Prof M. E. Kabay, PhD, Emeritus Professor of Computer Security, Norwich University

#	Date	TOPICS
1	Mon, Jan 05	Protecting yourself against fraud (1) – spam, phishing & Trojans
2	Mon, Jan 12	Protecting yourself against fraud (2) – chain letters, Ponzi schemes, get-rich-quick schemes, online romance, identity theft
3	Mon, Jan 19	Using the Web safely – unique passwords, password safes, credit- vs debit-cards, banking, crooked auctions, dishonest sellers
4	Mon, Jan 26	Using social networks safely – privacy settings, standards for LinkedIn networking, Twitter usage, photographs & videos, trolls
5	Mon, Feb 02	Using email effectively & professionally – subject lines, single topic, TO/CC/BCC usage, politeness, grammar, spelling
6	Mon, Feb 09	Protecting your data – organization, document versions, backups, encryption
7	Mon, Feb 23	Protecting your system & your reputation – antimalware, firewalls, locking, passwords, updates, legitimate sources of software, BYOD
8	Mon, Mar 02	Internet games & addiction, & harassment
9	Mon, Mar 09	Intellectual property – copyright, plagiarism, software theft, music/video theft
10	Mon, Mar 16	Illegal uses of the Web – child pornography, sexting, revenge porn, hate speech & threats, online gambling, human trafficking